PWG 5th Floor Room D

Payne Whitney Gymnasium 5th Floor Room D (Fitness/Dance Studio)

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Wed, Apr 24 2024	GFC - Ride45	6:45 A.M 8:15 A.M.																		
	GFC: Power Yoga	5:30 P.M 6:30 P.M.																		
	IP: Intermediate Ballet	6:30 P.M 7:30 P.M.																		
	Club Triathlon spin practice	8:15 P.M 9:15 P.M.																		
	ADAY	9:30 P.M 10:45 P.M.																		
Thu, Apr 25 2024	GFC: Ride 45	6:45 A.M 7:45 A.M.																		
	GFC - Biker Bootcamp	8:00 A.M 9:30 A.M.																		
	GFC: Ride 45	4:45 P.M 6:00 P.M.																		
	GFC: Ride & Rip	6:00 P.M 7:15 P.M.																		
	ADAY special practice	7:30 P.M 9:00 P.M.																		
	ADAY	9:00 P.M 10:45 P.M.																		
Fri, Apr 26 2024	GFC: Ride & Rip	6:45 A.M 8:15 A.M.																		
	ADAY	8:00 P.M 10:45 P.M.																		
Sat, Apr 27 2024	GFC: Biker Bootcamp	9:00 A.M 10:30 A.M.																		
	GFC: Ride 45	11:15 A.M 12:45 P.M.																		
	ADAY	1:00 P.M 7:45 P.M.																		

PWG 5th Floor Room EF

Payne Whitney Gymnasium 5th Floor Rooms EF (Fitness/Dance Studio)

Date	Event Name	Times		_							•			-		_				
Dale		1111165	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Wed, Apr 24 2024	DRAM 450	8:45 A.M 11:15 A.M.																		
	IP: Barre Series	5:30 P.M 6:30 P.M.																		
	IP: Pilates	7:30 P.M 9:00 P.M.																		
	Club Ballroom Dance practice	9:00 P.M 10:45 P.M.																		
Thu, Apr 25 2024	IP: Dynamic Posture	4:45 P.M 6:00 P.M.																		
	IP: Adv Beginner Ballet & Beg Ballet	6:00 P.M 7:45 P.M.																		
	Club Wushu practice EF	8:00 P.M 10:00 P.M.																		
Fri, Apr 26 2024	GFC: Pilates & Stretch TBD	9:00 A.M 10:00 A.M.																		
	Club Kendo practice EF	6:00 P.M 8:00 P.M.																		
	ADAY	8:00 P.M 10:45 P.M.																		
Sat, Apr 27 2024	GFC: Balletone	10:15 A.M 11:45 A.M.																		
	Club Kendo practice EF	12:00 P.M 2:00 P.M.																		
	Club Taekwondo practice EF	2:00 P.M 3:30 P.M.																		
	Club Wushu practice EF	3:30 P.M 5:30 P.M.																		
	Club Ballroom Dance practice	5:30 P.M 8:00 P.M.																		

PWG 5th Floor Room H

Payne Whitney Gymnasium 5th Floor Room H (MPR)

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Wed, Apr 24 2024	ROTC Practice	6:00 A.M 8:30 A.M.		-							<u> </u>									
	Football indoor practcie	3:00 P.M 4:00 P.M.																		
	THST 379	5:30 P.M 7:00 P.M.																		
	IP: Shotokan Karate	7:00 P.M 8:15 P.M.																		
	Intramurals H Mon/Wed	8:30 P.M 11:00 P.M.																		
Thu, Apr 25 2024	ROTC Practice	6:00 A.M 8:30 A.M.																		
	THST 379	1:30 P.M 3:45 P.M.																		
	Club Volleyball Men's practice H	4:00 P.M 5:45 P.M.																		
	Club Volleyball Women's practice H	5:45 P.M 7:45 P.M.																		
	Intramurals H Tue/Thur	7:45 P.M 11:00 P.M.																		1
Fri, Apr 26 2024	Club Cricket practice H	6:00 P.M 8:00 P.M.																		
Sat, Apr 27 2024	Club Taekwondo practice H	1:15 P.M 4:15 P.M.																		

PWG 5th Floor Room J

Payne Whitney Gymnasium 5th Floor Room J (Wrestling/Martial Arts)

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Wed, Apr 24 2024	Club Wrestling Practice	4:00 P.M 6:00 P.M.																		
	Club Mixed Martial Arts practice	6:00 P.M 8:00 P.M.																		
Thu, Apr 25 2024	Club Wrestling Practice	4:00 P.M 6:00 P.M.																		
	Club Mixed Martial Arts practice	6:00 P.M 8:00 P.M.																		
Fri, Apr 26 2024	Club Wrestling Practice	4:00 P.M 6:00 P.M.																		
	Club Mixed Martial Arts practice	6:00 P.M 8:00 P.M.																		
	Club Wushu practice J	8:00 P.M 10:00 P.M.																		
Sat, Apr 27 2024	Club Wrestling Practice	9:00 A.M 11:00 A.M.																		
	Club Mixed Martial Arts practice	2:00 P.M 4:00 P.M.																		

PWG 5th Floor Room K

Payne Whitney Gymnasium 5th Floor Room K (MPR & Softball)

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Wed, Apr 24 2024	ROTC Practice	6:00 A.M 8:00 A.M.																		
	Club Table Tennis practice K	5:15 P.M 7:45 P.M.																		
	Intramurals K	7:45 P.M 11:00 P.M.																		
Thu, Apr 25 2024	ROTC Practice	6:00 A.M 8:00 A.M.																		
	Club Taekwondo practice	6:15 P.M 7:45 P.M.																		
	Intramurals K	7:45 P.M 11:00 P.M.																		
Fri, Apr 26 2024	Varisty Softball Practice	9:45 A.M 12:45 P.M.																		
	Club Table Tennis practice K	4:30 P.M 9:30 P.M.																		
Sat, Apr 27 2024	Club Table Tennis practice K	1:15 P.M 4:30 P.M.																		

PWG 8th Floor MPR

Payne Whitney Gymnasium 8th Floor Multipurpose Room

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Wed, Apr 24 2024	GFC: HIIT 45 TBD	8:00 A.M 9:00 A.M.																		
	GFC: Muscular Development	9:00 A.M 10:15 A.M.																		
	GFC: Balletone	4:15 P.M 5:45 P.M.																		
	Open Rec Badminton	6:00 P.M 10:45 P.M.																		
Thu, Apr 25 2024	THST 335	10:15 A.M 12:30 P.M.																		
	THST 092	12:45 P.M 2:30 P.M.																		
	GFC: Hatha Yoga	4:15 P.M 5:30 P.M.																		
	IP: Modern Dance	5:30 P.M 6:30 P.M.																		
	GFC: Bootcamp	6:30 P.M 7:15 P.M.																		
	Club Badminton practice 8th	9:00 P.M 11:00 P.M.																		
Fri, Apr 26 2024	GFC: Muscular Development	8:00 A.M 9:15 A.M.																		
	GFC: Pilates on the Ball	9:15 A.M 10:30 A.M.																		
	Club Ballroom Dance practice 8th	6:00 P.M 8:30 P.M.																		
	Open Rec Badminton	8:45 P.M 10:45 P.M.																		
Sat, Apr 27 2024	Open Rec Badminton	9:00 A.M 3:00 P.M.																		
	Club Badminton practice 8th	3:00 P.M 5:00 P.M.																		
	ADAY	5:00 P.M 7:45 P.M.																		

PWG LC-T

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Wed, Apr 24 2024	CT Mental Health Center Lanman use	10:00 A.M 12:00 P.M.																		
Thu, Apr 25 2024																				
Fri, Apr 26 2024																				
Sat, Apr 27 2024																				

PWG LC_1

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Wed, Apr 24 2024	ROTC Practice	6:00 A.M 9:00 A.M.																		
	CT Mental Health Center Lanman use	10:00 A.M 12:00 P.M.																		
	Intramurals LC 1 & 2	7:30 P.M 11:00 P.M.																		
Thu, Apr 25 2024	ROTC Practice	6:00 A.M 9:00 A.M.																		
	Intramurals LC 1 & 2	7:30 P.M 11:00 P.M.																		1
Fri, Apr 26 2024																				
Sat, Apr 27 2024	LC Spring Fling	12:00 A.M 11:30 P.M.																		

PWG LC_2

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Wed, Apr 24 2024	Intramurals LC 1 & 2	7:30 P.M 11:00 P.M.																		
Thu, Apr 25 2024	Intramurals LC 1 & 2	7:30 P.M 11:00 P.M.																		
Fri, Apr 26 2024																				
Sat, Apr 27 2024	LC Spring Fling	12:00 A.M 11:30 P.M.																		

PWG LC_3

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Wed, Apr 24 2024																				
Thu, Apr 25 2024																				
Fri, Apr 26 2024																				
Sat, Apr 27 2024	LC Spring Fling	12:00 A.M 11:30 P.M.																		

PWG LC_4

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Wed, Apr 24 2024																				
Thu, Apr 25 2024																				
Fri, Apr 26 2024																				
Sat, Apr 27 2024	LC Spring Fling	12:00 A.M 11:30 P.M.																		