PWG 5th Floor Room D

Payne Whitney Gymnasium 5th Floor Room D (Fitness/Dance Studio)

Date	Event Name	Times	6 7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Mon, Apr 22 2024	Club Cycling spin practice	4:00 P.M 5:00 P.M.																	
	IP: Intermediate Ballet	6:30 P.M 7:30 P.M.																	
	GFC: Ride 45	7:30 P.M 8:45 P.M.																	
	ADAY	9:00 P.M 10:45 P.M.																	
Tue, Apr 23 2024	GFC: Ride 45	6:45 A.M 7:45 A.M.																	
	GFC: Ride & Rip	5:30 P.M 6:30 P.M.																	
	ADAY	8:00 P.M 10:45 P.M.																	
Wed, Apr 24 2024	GFC - Ride45	6:45 A.M 8:15 A.M.																	
	GFC: Power Yoga	5:30 P.M 6:30 P.M.																	
	IP: Intermediate Ballet	6:30 P.M 7:30 P.M.																	
	Club Triathlon spin practice	8:15 P.M 9:15 P.M.																	
	ADAY	9:30 P.M 10:45 P.M.																	
Thu, Apr 25 2024	GFC: Ride 45	6:45 A.M 7:45 A.M.																	
	GFC - Biker Bootcamp	8:00 A.M 9:30 A.M.																	
	GFC: Ride 45	4:45 P.M 6:00 P.M.																	
	GFC: Ride & Rip	6:00 P.M 7:15 P.M.																	
	ADAY	9:00 P.M 10:45 P.M.																	

PWG 5th Floor Room EF

Payne Whitney Gymnasium 5th Floor Rooms EF (Fitness/Dance Studio)

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Mon, Apr 22 2024	IP: Barre Series	5:30 P.M 6:30 P.M.																		
	IP: Pilates	7:30 P.M 9:00 P.M.																		
	Club Kendo practice EF	9:00 P.M 11:00 P.M.																		
Tue, Apr 23 2024	GFC: Balletone	8:00 A.M 9:15 A.M.																		
	GFC: Pilates & Barre	9:15 A.M 10:30 A.M.																		
	Club Jump Rope practice	4:00 P.M 5:45 P.M.																		
	IP: Adv Beginner Ballet & Beg Ballet	6:00 P.M 8:45 P.M.																		
	Club Taekwondo practice	8:45 P.M 10:45 P.M.																		
Wed, Apr 24 2024	DRAM 450	8:45 A.M 11:15 A.M.																		
	IP: Barre Series	5:30 P.M 6:30 P.M.																		
	IP: Pilates	7:30 P.M 9:00 P.M.																		
	Club Ballroom Dance practice	9:00 P.M 10:45 P.M.																		
Thu, Apr 25 2024	IP: Dynamic Posture	4:45 P.M 6:00 P.M.																		
	IP: Adv Beginner Ballet & Beg Ballet	6:00 P.M 7:45 P.M.																		
	Club Wushu practice EF	8:00 P.M 10:00 P.M.																		

PWG 5th Floor Room H

Payne Whitney Gymnasium 5th Floor Room H (MPR)

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Mon, Apr 22 2024	Club Sport Hold Mon H	5:45 P.M 7:00 P.M.																		
	IP: Shotokan Karate	7:00 P.M 8:15 P.M.																		
	Intramurals H Mon/Wed	8:30 P.M 11:00 P.M.																		
Tue, Apr 23 2024	ROTC Practice	6:00 A.M 8:30 A.M.																		
	THST 379	1:30 P.M 3:45 P.M.																		
	Intramurals H Tue/Thur	7:45 P.M 11:00 P.M.																		
Wed, Apr 24 2024	ROTC Practice	6:00 A.M 8:30 A.M.																		
	IP: Shotokan Karate	7:00 P.M 8:15 P.M.																		
	Intramurals H Mon/Wed	8:30 P.M 11:00 P.M.																		
Thu, Apr 25 2024	ROTC Practice	6:00 A.M 8:30 A.M.																		
	THST 379	1:30 P.M 3:45 P.M.																		
	Club Volleyball Men's practice H	4:00 P.M 5:45 P.M.																		
	Club Volleyball Women's practice H	5:45 P.M 7:45 P.M.																		
	Intramurals H Tue/Thur	7:45 P.M 11:00 P.M.																		

Location Activity Date/Time Graphic

PWG 5th Floor Room J

Payne Whitney Gymnasium 5th Floor Room J (Wrestling/Martial Arts)

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Mon, Apr 22 2024	Club Wrestling Practice	4:00 P.M 6:00 P.M.																		
	Club Mixed Martial Arts practice	6:00 P.M 8:00 P.M.																		
	Club Wushu practice J	8:00 P.M 10:00 P.M.																		
Tue, Apr 23 2024	Club Wrestling Practice	4:00 P.M 6:00 P.M.																		
	Club Mixed Martial Arts practice	6:00 P.M 8:00 P.M.																		
Wed, Apr 24 2024	Club Wrestling Practice	4:00 P.M 6:00 P.M.																		
	Club Mixed Martial Arts practice	6:00 P.M 8:00 P.M.																		
Thu, Apr 25 2024	Club Wrestling Practice	4:00 P.M 6:00 P.M.																		
	Club Mixed Martial Arts practice	6:00 P.M 8:00 P.M.																		

PWG 5th Floor Room K

Payne Whitney Gymnasium 5th Floor Room K (MPR & Softball)

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Mon, Apr 22 2024	Varisty Softball Practice	1:45 P.M 5:15 P.M.																		
	Club Cricket practice K	5:45 P.M 7:45 P.M.																		
	Intramurals K	7:45 P.M 11:00 P.M.																		
Tue, Apr 23 2024	ROTC Practice	6:00 A.M 8:00 A.M.																		
	Club Taekwondo practice	6:15 P.M 7:45 P.M.																		
	Intramurals K	7:45 P.M 11:00 P.M.																		
Wed, Apr 24 2024	ROTC Practice	6:00 A.M 8:00 A.M.																		
	Club Table Tennis practice K	5:15 P.M 7:45 P.M.																		
	Intramurals K	7:45 P.M 11:00 P.M.																		
Thu, Apr 25 2024	ROTC Practice	6:00 A.M 8:00 A.M.																		
	Club Taekwondo practice	6:15 P.M 7:45 P.M.																		
	Intramurals K	7:45 P.M 11:00 P.M.																		

Location Activity Date/Time Graphic

PWG 8th Floor MPR

Payne Whitney Gymnasium 8th Floor Multipurpose Room

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Mon, Apr 22 2024	GFC: Muscular Development	8:15 A.M 9:30 A.M.						•												
	THST 427	10:30 A.M 12:30 P.M.																		
	GFC: Muscular Development	5:15 P.M 6:30 P.M.																		
	GFC: Mega Circuit	6:30 P.M 7:45 P.M.																		
	Club Badminton practice 8th	9:00 P.M 11:00 P.M.																		
Tue, Apr 23 2024	THST 335	10:15 A.M 12:30 P.M.																		
	THST 092	12:45 P.M 2:30 P.M.																		
	GFC: Hatha Yoga	4:15 P.M 5:30 P.M.																		
	GFC: Bootcamp	6:30 P.M 7:15 P.M.																		
	Club Ballroom Dance practice 8th	8:30 P.M 10:45 P.M.																		
Wed, Apr 24 2024	GFC: HIIT 45 TBD	8:00 A.M 9:00 A.M.																		
	GFC: Muscular Development	9:00 A.M 10:15 A.M.																		
	GFC: Balletone	4:15 P.M 5:45 P.M.																		
	Open Rec Badminton	6:00 P.M 10:45 P.M.																		
Thu, Apr 25 2024	THST 335	10:15 A.M 12:30 P.M.																		
	THST 092	12:45 P.M 2:30 P.M.																		
	GFC: Hatha Yoga	4:15 P.M 5:30 P.M.																		
	IP: Modern Dance	5:30 P.M 6:30 P.M.																		
	GFC: Bootcamp	6:30 P.M 7:15 P.M.																		
	Club Badminton practice 8th	9:00 P.M 11:00 P.M.																		

Location Activity Date/Time Graphic

PWG LC-T

Payne Whitney Gymnasium Lanman Center Track

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Mon, Apr 22 2024	CT Mental Health Center Lanman use	10:00 A.M 12:00 P.M.																		
Tue, Apr 23 2024																				
Wed, Apr 24 2024	CT Mental Health Center Lanman use	10:00 A.M 12:00 P.M.																		

Location Activity Date/Time Graphic

PWG LC_1

Payne Whitney Gymnasium Lanman Center Court 1

Date	Event Name	Times	_																	
Date	Event Name	Tilles	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Mon, Apr 22 2024	CT Mental Health Center Lanman use	10:00 A.M 12:00 P.M.																		
Tue, Apr 23 2024	ROTC Practice	6:00 A.M 9:00 A.M.																		
Wed, Apr 24 2024	ROTC Practice	6:00 A.M 9:00 A.M.																		
	CT Mental Health Center Lanman use	10:00 A.M 12:00 P.M.																		
Thu, Apr 25 2024	ROTC Practice	6:00 A.M 9:00 A.M.																		

Location Activity Date/Time Graphic

PWG LC_2

Payne Whitney Gymnasium Lanman Center Court 2

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Mon, Apr 22 2024																				
Tue, Apr 23 2024																				
Wed, Apr 24 2024																				

Location Activity Date/Time Graphic

PWG LC_3

Payne Whitney Gymnasium Lanman Center Court 3

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Mon, Apr 22 2024																				
Tue, Apr 23 2024																				
Wed, Apr 24 2024																				

Location Activity Date/Time Graphic

PWG LC_4

Payne Whitney Gymnasium Lanman Center Court 4

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Mon, Apr 22 2024																				
Tue, Apr 23 2024																				
Wed, Apr 24 2024																				