



**PWG 5th Floor Room EF**

Payne Whitney Gymnasium 5th Floor Rooms EF (Fitness/Dance Studio)

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
<b>Wed, Sep 27 2023</b>	IP - Pregnancy Dance	11:45 A.M. - 1:15 P.M.							█											
	IP - Yagalates & K Yoga	3:15 P.M. - 5:30 P.M.										█	█	█						
	IP - Barre	5:30 P.M. - 6:45 P.M.													█	█				
	Club Ballroom Dance practice EF	7:45 P.M. - 10:45 P.M.																	█	█
<b>Thu, Sep 28 2023</b>	THST 335/AFST 335a West African Dance	10:15 A.M. - 12:30 P.M.						█	█											
	IP - Dynamic Posture (Somatics)	5:15 P.M. - 6:00 P.M.													█	█				
	IP - Adv Beg Ballet	6:00 P.M. - 7:45 P.M.														█	█	█		
	Club Wushu practice EF	8:00 P.M. - 10:00 P.M.																	█	█
<b>Fri, Sep 29 2023</b>	Club Kendo practice	6:00 P.M. - 8:00 P.M.														█	█	█		
	ADAY	8:00 P.M. - 10:45 P.M.																	█	█
<b>Sat, Sep 30 2023</b>	Group Fitness Class (See MyRec)	9:00 A.M. - 10:45 A.M.				█	█	█												
	Group Fitness Class (See MyRec)	10:45 A.M. - 11:45 A.M.						█	█											
	Club Kendo practice	12:00 P.M. - 2:00 P.M.								█	█	█								
	Club Tae Kwon Do practice EF	2:00 P.M. - 3:30 P.M.										█	█	█						
	Club Wushu practice EF	3:30 P.M. - 5:30 P.M.												█	█	█				
	Club Ballroom Dance practice EF	5:30 P.M. - 8:00 P.M.															█	█	█	

**PWG 5th Floor Room H**

Payne Whitney Gymnasium 5th Floor Room H (MPR)

Date	Event Name	Times																			
			6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11	
<b>Wed, Sep 27 2023</b>	ROTC Wednesday Hold	6:30 A.M. - 8:00 A.M.																			
	THST 200: Intro to Theatrical Violence	1:15 P.M. - 3:30 P.M.																			
	IP - Shotokan Karate	6:45 P.M. - 8:15 P.M.																			
	Intramurals H Mon/Weds	8:30 P.M. - 10:45 P.M.																			
<b>Thu, Sep 28 2023</b>	ROTC Thursday Hold	6:00 A.M. - 9:30 A.M.																			
	Intramurals H Tues/Thurs	7:45 P.M. - 11:00 P.M.																			
<b>Fri, Sep 29 2023</b>	DGSD 403a/b - Introduction to Combat	8:45 A.M. - 1:45 P.M.																			
	Club Basketball Men's practice rm H	4:00 P.M. - 6:00 P.M.																			
	Club Cricket practice H	6:00 P.M. - 8:00 P.M.																			
<b>Sat, Sep 30 2023</b>	Club Tae Kwon Do practice H	1:00 P.M. - 4:00 P.M.																			

**PWG 5th Floor Room J**

Payne Whitney Gymnasium 5th Floor Room J (Wrestling/Martial Arts)

Date	Event Name	Times																			
			6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11	
<b>Wed, Sep 27 2023</b>	Club Wrestling practice	4:00 P.M. - 6:00 P.M.																			
	Club Mixed Martial Arts practice	6:00 P.M. - 8:00 P.M.																			
<b>Thu, Sep 28 2023</b>	Club Mixed Martial Arts practice	6:00 P.M. - 8:00 P.M.																			
<b>Fri, Sep 29 2023</b>	Club Wrestling practice	4:00 P.M. - 6:00 P.M.																			
	Club Mixed Martial Arts practice	6:00 P.M. - 8:00 P.M.																			
	Club Wushu practice J	8:00 P.M. - 10:00 P.M.																			
<b>Sat, Sep 30 2023</b>	Club Wrestling practice	9:00 A.M. - 11:00 A.M.																			
	Club Mixed Martial Arts practice	2:00 P.M. - 4:00 P.M.																			

**PWG 5th Floor Room K**

Payne Whitney Gymnasium 5th Floor Room K (MPR & Softball)

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
<b>Wed, Sep 27 2023</b>	ROTC Wednesday Hold	6:30 A.M. - 8:00 A.M.		█																
	Varsity Softball	2:15 P.M. - 5:45 P.M.									█	█	█	█						
	Club Table Tennis practice K	5:45 P.M. - 7:45 P.M.																		
	Intramurals K	7:45 P.M. - 11:00 P.M.																		
<b>Thu, Sep 28 2023</b>	Varsity HWC	6:30 A.M. - 7:30 A.M.		█																
	Varsity Softball	8:45 A.M. - 10:15 A.M.					█	█												
	Club Tae Kwon Do practice	4:30 P.M. - 7:30 P.M.																		
	Intramurals K	7:45 P.M. - 11:00 P.M.																		
<b>Fri, Sep 29 2023</b>	Varsity Softball	9:45 A.M. - 11:15 A.M.						█	█											
	Club Table Tennis practice	4:00 P.M. - 9:00 P.M.																		
<b>Sat, Sep 30 2023</b>	Club Table Tennis practice	1:00 P.M. - 4:00 P.M.																		

**PWG 8th Floor MPR**

Payne Whitney Gymnasium 8th Floor Multipurpose Room

Date	Event Name	Times																			
			6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11	
<b>Wed, Sep 27 2023</b>	Group Fitness Class (See MyRec)	8:00 A.M. - 10:15 A.M.																			
	Group Fitness Class (See MyRec)	4:15 P.M. - 5:30 P.M.																			
	IP - Pilates	7:15 P.M. - 8:45 P.M.																			
	Open Rec Badminton	8:45 P.M. - 10:45 P.M.																			
<b>Thu, Sep 28 2023</b>	IP - Intro to Rowing	6:45 A.M. - 8:15 A.M.																			
	Group Fitness Classes (See MyRec)	4:15 P.M. - 5:30 P.M.																			
	IP - Modern Dance	5:30 P.M. - 6:45 P.M.																			
	Group Fitness Class	6:45 P.M. - 7:30 P.M.																			
	IP - Tabata Bootcamp (Thursdays)	7:30 P.M. - 8:30 P.M.																			
	Club Badminton practice	8:30 P.M. - 10:45 P.M.																			
<b>Fri, Sep 29 2023</b>	IP - Tabata Bootcamp	8:00 A.M. - 9:30 A.M.																			
	Group Fitness Class	9:30 A.M. - 11:00 A.M.																			
	DGSD 237a - Character Analysis & Move	11:30 A.M. - 2:00 P.M.																			
	Group Fitness Class (See MyRec)	4:30 P.M. - 5:30 P.M.																			
	Club Ballroom Dance practice 8th flr	6:00 P.M. - 8:30 P.M.																			
	Open Rec Badminton	8:45 P.M. - 10:45 P.M.																			
<b>Sat, Sep 30 2023</b>	Open Rec Badminton	12:00 P.M. - 3:00 P.M.																			
	Club Badminton practice	3:00 P.M. - 5:00 P.M.																			
	ADAY	5:00 P.M. - 7:45 P.M.																			

**PWG LC-T**

Payne Whitney Gymnasium Lanman Center Track

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Wed, Sep 27 2023																				
Thu, Sep 28 2023																				
Fri, Sep 29 2023																				
Sat, Sep 30 2023																				







PWG LC\_3

Payne Whitney Gymnasium Lanman Center Court 3

Date	Event Name	Times																				
			6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11		
Wed, Sep 27 2023	MBB Practice	4:15 P.M. - 6:30 P.M.																				
	Club Volleyball Men's practice LC3	8:00 P.M. - 10:00 P.M.																				
Thu, Sep 28 2023	WBB Practice	8:00 A.M. - 10:30 A.M.																				
	Club Volleyball Women's practice	8:00 P.M. - 10:00 P.M.																				
Fri, Sep 29 2023	WBB Practice	10:30 A.M. - 1:00 P.M.																				
Sat, Sep 30 2023	Club Volleyball Men's practice LC3	1:00 P.M. - 3:00 P.M.																				

**PWG LC\_4**

Payne Whitney Gymnasium Lanman Center Court 4

Date	Event Name	Times																			
			6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11	
<b>Wed, Sep 27 2023</b>	ROTC Wednesday Hold	6:30 A.M. - 8:00 A.M.																			
	MBB Practice	4:15 P.M. - 6:30 P.M.																			
	Club Basketball Women's practice	8:00 P.M. - 10:00 P.M.																			
<b>Thu, Sep 28 2023</b>	WBB Practice	8:00 A.M. - 10:30 A.M.																			
	Club Basketball Women's practice	8:00 P.M. - 10:00 P.M.																			
<b>Fri, Sep 29 2023</b>	WBB Practice	10:30 A.M. - 1:00 P.M.																			
<b>Sat, Sep 30 2023</b>	Club Basketball Men's practice LC4	1:00 P.M. - 3:00 P.M.																			