

PWG 5th Floor Room D

Payne Whitney Gymnasium 5th Floor Room D (Fitness/Dance Studio)

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Thu, Jan 25 2024	GFC: Ride 45	6:45 A.M. - 7:45 A.M.																		
	GFC: Ride 45	4:45 P.M. - 6:00 P.M.																		
	GFC: Ride & Rip	6:00 P.M. - 7:15 P.M.																		
	ADAY	9:00 P.M. - 10:45 P.M.																		
Fri, Jan 26 2024	GFC: Ride & Rip	6:45 A.M. - 8:15 A.M.																		
	ADAY	8:00 P.M. - 10:45 P.M.																		
Sat, Jan 27 2024	GFC: Biker Bootcamp	9:00 A.M. - 10:30 A.M.																		
	GFC: Ride 45	11:15 A.M. - 12:45 P.M.																		
	ADAY	1:00 P.M. - 7:45 P.M.																		
Sun, Jan 28 2024	GFC: Ride 45	9:15 A.M. - 10:45 A.M.																		
	ADAY	11:00 A.M. - 3:30 P.M.																		
	GFC: Ride & Rip	3:45 P.M. - 5:15 P.M.																		
	ADAY	5:30 P.M. - 7:45 P.M.																		

PWG 5th Floor Room EF

Payne Whitney Gymnasium 5th Floor Rooms EF (Fitness/Dance Studio)

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Thu, Jan 25 2024	IP: Dynamic Posture	4:45 P.M. - 6:00 P.M.																		
	IP: Adv Beginner Ballet & Beg Ballet	6:00 P.M. - 7:45 P.M.																		
	Club Wushu practice EF	8:00 P.M. - 10:00 P.M.																		
Fri, Jan 26 2024	GFC: Pilates & Stretch TBD	9:00 A.M. - 10:00 A.M.																		
	IP: Intro to Yoga	10:15 A.M. - 11:45 A.M.																		
	Club Kendo practice EF	6:00 P.M. - 8:00 P.M.																		
	ADAY	8:00 P.M. - 10:45 P.M.																		
Sat, Jan 27 2024	GFC: Balletone	10:15 A.M. - 11:45 A.M.																		
	Club Kendo practice EF	12:00 P.M. - 2:00 P.M.																		
	Club Taekwondo practice EF	2:00 P.M. - 3:30 P.M.																		
	Club Wushu practice EF	3:30 P.M. - 5:30 P.M.																		
	Club Ballroom Dance practice	5:30 P.M. - 8:00 P.M.																		
Sun, Jan 28 2024	GFC: Vinyasa Flow	10:15 A.M. - 11:45 A.M.																		
	Club Jump Rope practice	2:00 P.M. - 3:00 P.M.																		
	ADAY	3:00 P.M. - 7:45 P.M.																		

PWG 5th Floor Room H

Payne Whitney Gymnasium 5th Floor Room H (MPR)

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Thu, Jan 25 2024	ROTC Practice	6:00 A.M. - 8:30 A.M.																		
	DRAM 403	8:45 A.M. - 9:45 A.M.																		
	DRAM 405	11:45 A.M. - 1:15 P.M.																		
	THST 379	1:30 P.M. - 3:45 P.M.																		
	Club Volleyball Men's practice H	4:00 P.M. - 5:45 P.M.																		
	Club Volleyball Women's practice H	5:45 P.M. - 7:45 P.M.																		
	Intramurals staff training Winter 2024	8:00 P.M. - 10:00 P.M.																		
Fri, Jan 26 2024	Varsity Mens Soccer Practice	8:00 A.M. - 9:00 A.M.																		
	Varsity Softball Practice	9:30 A.M. - 5:00 P.M.																		
Sat, Jan 27 2024	Varsity Fencing Warm-Up Location	9:00 A.M. - 3:00 P.M.																		
Sun, Jan 28 2024	Club Table Tennis H	1:00 P.M. - 4:00 P.M.																		
	Club Volleyball Men's practice Sun H	4:15 P.M. - 6:30 P.M.																		

PWG 5th Floor Room J  
Payne Whitney Gymnasium 5th Floor Room J (Wrestling/Martial Arts)

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Thu, Jan 25 2024	Club Wrestling Practice	4:00 P.M. - 6:00 P.M.																		
	Club Mixed Martial Arts practice	6:00 P.M. - 8:00 P.M.																		
Fri, Jan 26 2024	Club Wrestling Practice	4:00 P.M. - 6:00 P.M.																		
	Club Mixed Martial Arts practice	6:00 P.M. - 8:00 P.M.																		
	Club Wushu practice J	8:00 P.M. - 10:00 P.M.																		
Sat, Jan 27 2024	Club Wrestling Practice	9:00 A.M. - 11:00 A.M.																		
	Club Mixed Martial Arts practice	2:00 P.M. - 4:00 P.M.																		
Sun, Jan 28 2024																				

PWG 5th Floor Room K

Payne Whitney Gymnasium 5th Floor Room K (MPR & Softball)

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Thu, Jan 25 2024	ROTC Practice	6:00 A.M. - 8:00 A.M.																		
	Varsity Softball Practice	11:00 A.M. - 5:15 P.M.																		
	Club Taekwondo practice	6:15 P.M. - 7:45 P.M.																		
Fri, Jan 26 2024	Varsity Mens Soccer Practice	8:00 A.M. - 9:00 A.M.																		
	Varsity Softball Practice	9:45 A.M. - 12:45 P.M.																		
	Club Table Tennis practice K	5:15 P.M. - 9:30 P.M.																		
Sat, Jan 27 2024	Varsity Softball Practice	9:00 A.M. - 12:15 P.M.																		
	Club Table Tennis practice K	1:15 P.M. - 4:30 P.M.																		
Sun, Jan 28 2024	Varsity Softball Practice	9:00 A.M. - 12:15 P.M.																		

PWG 8th Floor MPR

Payne Whitney Gymnasium 8th Floor Multipurpose Room

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Thu, Jan 25 2024	THST 335	10:15 A.M. - 12:30 P.M.																		
	THST 092	12:45 P.M. - 2:30 P.M.																		
	GFC: Hatha Yoga	4:15 P.M. - 5:30 P.M.																		
	IP: Modern Dance	5:30 P.M. - 6:30 P.M.																		
	GFC: Bootcamp	6:30 P.M. - 7:15 P.M.																		
	IP: Adv Karate	7:15 P.M. - 9:00 P.M.																		
	Club Badminton practice 8th	9:00 P.M. - 11:00 P.M.																		
Fri, Jan 26 2024	GFC: Muscular Development	8:00 A.M. - 9:15 A.M.																		
	GFC: Pilates on the Ball	9:15 A.M. - 10:30 A.M.																		
	Club Ballroom Dance practice 8th	6:00 P.M. - 8:30 P.M.																		
	Open Rec Badminton	8:45 P.M. - 10:45 P.M.																		
Sat, Jan 27 2024	IP: Intro to TRX 4	10:30 A.M. - 11:45 A.M.																		
	Open Rec Badminton	12:00 P.M. - 2:00 P.M.																		
	IP: Lower Body Small Group	2:00 P.M. - 3:00 P.M.																		
	Club Badminton practice 8th	3:00 P.M. - 5:00 P.M.																		
	ADAY	5:00 P.M. - 7:45 P.M.																		
Sun, Jan 28 2024	GFC: HIIT TBD	10:30 A.M. - 11:15 A.M.																		
	IP: Intro to TRX 5	11:15 A.M. - 12:30 P.M.																		
	Club Ballroom Dance practice Sunday	12:30 P.M. - 2:30 P.M.																		
	Open Rec Badminton	2:30 P.M. - 5:30 P.M.																		
	Club Ballroom Dance practice Sunday PM	5:30 P.M. - 8:00 P.M.																		

PWG LC-T  
Payne Whitney Gymnasium Lanman Center Track

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Thu, Jan 25 2024																				
Fri, Jan 26 2024																				
Sat, Jan 27 2024																				
Sun, Jan 28 2024																				

PWG LC\_1  
Payne Whitney Gymnasium Lanman Center Court 1

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Thu, Jan 25 2024	ROTC Practice	6:00 A.M. - 9:00 A.M.																		
Fri, Jan 26 2024	Varsity MLax	8:00 A.M. - 9:00 A.M.																		
Sat, Jan 27 2024	Club Rugby indoor practice AM	7:00 A.M. - 9:00 A.M.																		
Sun, Jan 28 2024	Grad/Pro Volleyball	9:30 A.M. - 1:30 P.M.																		



PWG LC\_2  
Payne Whitney Gymnasium Lanman Center Court 2

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Thu, Jan 25 2024																				
Fri, Jan 26 2024	Varsity MLax	8:00 A.M. - 9:00 A.M.																		
	Club Basketball Men's practice LC2	4:00 P.M. - 6:00 P.M.																		
Sat, Jan 27 2024	Club Rugby indoor practice AM	7:00 A.M. - 9:00 A.M.																		
Sun, Jan 28 2024	Grad/Pro Volleyball	9:30 A.M. - 1:30 P.M.																		

PWG LC\_3  
Payne Whitney Gymnasium Lanman Center Court 3

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Thu, Jan 25 2024																				
Fri, Jan 26 2024	Varsity MLax	8:00 A.M. - 9:00 A.M.																		
	Varsity VB	4:00 P.M. - 6:00 P.M.																		
Sat, Jan 27 2024	Club Rugby indoor practice AM	7:00 A.M. - 9:00 A.M.																		
	Club Volleyball Men's practice LC3	1:00 P.M. - 3:00 P.M.																		
Sun, Jan 28 2024	Grad/Pro Basketball	11:30 A.M. - 3:30 P.M.																		

PWG LC\_4  
Payne Whitney Gymnasium Lanman Center Court 4

Date	Event Name	Times	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11
Thu, Jan 25 2024	Club Basketball Women's practice	8:00 P.M. - 10:00 P.M.																		
Fri, Jan 26 2024	Yale Cheer Practice	6:00 A.M. - 8:00 A.M.																		
	Varsity MLax	8:00 A.M. - 9:00 A.M.																		
	Varsity VB	4:00 P.M. - 6:00 P.M.																		
Sat, Jan 27 2024	Club Rugby indoor practice AM	7:00 A.M. - 9:00 A.M.																		
	Club Basketball Men's game	11:00 A.M. - 3:00 P.M.																		
Sun, Jan 28 2024	Grad/Pro Basketball	11:30 A.M. - 3:30 P.M.																		