

# Club Sports Visiting Team Guide

This document provides visiting club teams with the necessary information and policies needed to compete at Yale University.

# Contents

School History
Club Sports Staff Contact:
Outdoor Playing Fields
Directions and Parking to Yale Outdoor Playing Fields and Facilities
Cullman-Heyman Indoor Tennis Center
Field Layout Map
First Aid
Restrooms & Drinking Water
Restaurants Within Walking Distance
Payne Whitney Gymnasium (PWG) 4
Directions and Parking to Yale Gym 4
Gym Layout
Check-In Policy
First Aid
Restrooms & Drinking Water
Restaurants Within Walking Distance
Ingalls Ice Rink
Directions and Parking to Ingalls Ice Rink
First Aid6

Restrooms & Drinking Water	6
Hospitals	
General Club Sport Policies	6
Code of Conduct	7
Sportsmanship and Safety Requirements	7

Welcome to Yale University located in New Haven, Connecticut. We hope you have an enjoyable visit to our campus as an opponent club sport team.

Yale has a long and storied history: In 1701, the Connecticut legislature adopted a charter "to erect a Collegiate School." The school officially became Yale College in 1718, when it was renamed in honor of Welsh merchant Elihu Yale, who had donated the proceeds from the sale of nine bales of goods together with 417 books and a portrait of King George I. Today, Yale is composed of 14 residential colleges and averages about 6,600 undergrad and 5,300 grad students annually.

The Yale Club Sports Program is part of the Campus Recreation Department under the Division of Athletics. The modern-day club sports program was solidified and brought to prominence by Edward C. Migdalski in the late 1950s, seeking to elevate the so-called "minor sports" to officially recognized collegiate status. In this respect, Migdalski was an early nationwide pioneer of the club sports model that can be found at most colleges and universities today. For more information about Yale Club Sports history: <u>https://sportsandrecreation.yale.edu/club-sports-intramural-sports/club-sports</u>

# Club Sports Staff Contacts:

The student leader of the applicable Yale club is your main contact for any event-related questions or logistics: <u>https://sportsandrecreation.yale.edu/club-sports-intramural-sports/club</u>

For any other assistance, contact the Yale Club Sports Office during weekday business hours: <u>leigh.fitzpatrick@yale.edu</u> or 203-432-2492

# **Outdoor Playing Fields**

# Directions and Parking -- Yale Outdoor Playing Fields and Facilities

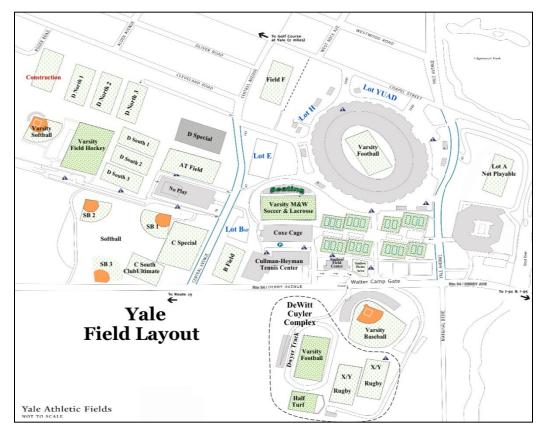
Recreational Fields (D-North, D-South, D-Special, AT, C-South, Softball, C-Special, and B): 70 Central Ave., New Haven, CT 06515. No entrance through the driveways allowed. No

parking along driveways or on grass. Please park on Central Ave or as directed. <u>No alcohol allowed.</u>

Rugby Field (X/Y): 252 Derby Ave. (Rte. 34), West Haven, CT 06516, enter driveway for parking. No alcohol allowed.

Cullman-Heyman Indoor Tennis Center, 279 Derby Ave. (Rte. 34), West Haven, CT 06516, enter driveway for parking. <u>No alcohol allowed.</u>

## Field Layout Map



## First Aid

I. EMS is provided by Yale for certain high-risk events. If EMS is not present, call 911 for critical injuries. Visiting teams are responsible for their own first-aid kits.

#### Restrooms & Drinking Water

- I. Portable restrooms are available by D-South fields and Rugby.
- II. You must bring your own drinking water.

Restaurants Within Walking Distance of Fields

Casa Bianca Pizza New Haven Dunkin' Michaelangelo Pizza & Subs

For more New Haven restaurants and lodging information, see these websites:

https://visitnewhaven.com/ https://ctvisit.com/listings/city-new-haven

# Payne Whitney Gymnasium (PWG)

## Directions and Parking to Yale Gym

#### Payne Whitney Gym: 70 Tower Parkway, New Haven, CT 06515

PARKING: Non-street parking is available in the Yale Health Plan garage, 55 Lock Street, which is a short walk to the Yale Gym. Parking Lot 78 is behind the gym and usually open and free on weekends, located at 74 Ashmun Street, New Haven. You must walk to the front of the gym at 70 Tower Parkway for entrance, and then check in at the gym's Welcome Desk. Parking is also available on Tower Parkway for metered pay. Parking is free on Lake Place behind the gym, but only in accordance with posted street parking signage.

#### Gym Layout

Lanman Center courts: After checking in at the Welcome Desk, walk straight to the end of the hallway behind the desk. Turn right at the very end of the hallway. Continue straight until reaching stairs on both the left and right. Lanman Center courts are located at the bottom of both staircases, as are restrooms.

**Kiphuth Exhibition Pool**: Before the Welcome Desk, spectators take the first left to reach the pool concourse. To reach the pool deck for athletes, coaches, and referees, enter past the Welcome Desk and turn left to the end of the corridor and right down the stairway.

Gym hours of operation and other information: https://sportsandrecreation.yale.edu/payne-whitney-gym-pwg-hours-operation

#### Check-In Policy

- I. Please have Yale host team contact information, and inform them of your arrival and wait in gym lobby. If possible, a Yale team member will greet you and escort you in.
- II. Follow signage to the event venue.

III. Ask any questions at PWG Welcome Desk or address to the Yale event attendant or team captain onsite.

#### First Aid

- I. Emergency First-Aid Kit Locations:
  - a. PWG Welcome Desk
  - b. Israel Fitness Center
  - c. Pool Lifeguard Stations
  - d. Visiting teams should bring their own general first-aid kits.
- II. AED Locations:
  - a. Basement: Outside Kiphuth Exhibition Pool & Basement Hallway
  - b. 1<sup>st</sup> Floor: Main Lobby (Behind Welcome Desk) & Lanman Center Concourse
  - c. 3<sup>rd</sup> Floor: 3<sup>rd</sup> Floor Hallway (Outside 3<sup>rd</sup> Floor Practice Pool)
  - d. 4<sup>th</sup> Floor: Israel Fitness Center (Behind Operations Desk)
  - e. 5<sup>th</sup> Floor: Main Hallway
  - f. 8<sup>th</sup> Floor: Main Hallway
- III. Emergency ice is in the Training Room on the first floor and 4<sup>th</sup> floor squash courts. Ask at the Welcome Desk for access.

#### Restrooms & Drinking Water

- I. Restrooms are located on the 1<sup>st</sup> floor of PWG and at the bottom of the Lanman Center staircase.
- II. You are encouraged to bring your own drinking water and ice for minor injuries.
  - a. Water fountains are located at the bottom of the Lanman Center staircase.

## Restaurants Within Walking Distance of the Gym

Ashley's Ice Cream Ay! Arepa New Haven Broadway Kitchen Donut Crazy New Haven Junzi Kitchen Sherkaan Indian Street Food Tropical Smoothie Cafe Yamasaki Teriyaki Yorkside Pizza Restaurant

For more New Haven restaurants and lodging information, see these websites:

https://visitnewhaven.com/ https://ctvisit.com/listings/city-new-haven

# Ingalls Ice Rink

#### Directions and Parking to Ingalls Ice Rink

#### Ingalls Rink, 73 Sachem Street, New Haven, CT 06511

PARKING: Parking is available in Lot 19 and the Prospect-Sachem Garage. *Ingalls Rink* does not provide equipment or skates, individuals must provide their own equipment.

#### First Aid

- I. Visiting teams are responsible for their own first-aid kit.
- II. Please see an event attendant, EMS, or rink staff attendant for other emergency issues.

#### Restrooms & Drinking Water

- I. Please bring your own drinking water.
- II. The rink attendant will allow locker room use down the hallway to the left; they are numbered locker rooms 3 and 4. The bathrooms are unisex, women's, and men's located at the bottom left corner at ice level.

# Hospitals

Yale New Haven Hospital 20 York St, New Haven, CT 06510 (203) 688-4242

Yale New Haven Health 789 Howard Ave, New Haven, CT 06519 (888) 461-0106

# General Club Sport Policies

- I. No alcohol is permitted at any time or location.
- II. Do not exit through the rear alarmed doors in the Lanman Center/PWG.
- III. Parking is not permitted on outdoor playing fields, sidewalks or along driveways.
- IV. Pool entry is not permitted if lifeguards are not on duty.
- V. Each visiting participant must bring their school ID.

VI. Please clean up your trash after event.

#### Code of Conduct

All Club Sport participants are held to the following standards when engaged in a Yale Club Sport sponsored activity:

Family, friends, supporters, and spectators of a visiting team accept the same behavior standards when attending our events. Club Sport participants are responsible for supporting positive behavior and enforcing Yale policies.

#### Sportsmanship and Safety Requirements

- I. Participants must be a current, full-time undergraduate or graduate college student (other categories such as faculty, staff, alumni, and community members are not permitted to participate).
- II. Visiting teams must abide by the policies, guidelines, and rules of their club sport governing body, if applicable
- III. Visiting teams are responsible for their own first-aid kit.
- IV. If a visiting team member sustains a major/serious injury, head, neck, or back injury, or exhibit signs of sudden illness including but not limited to unconsciousness, nausea, dizziness, blurred vision, disorientation, headache, or symptoms or a concussion, they must immediately cease participation and obtain guidance from a health care professional by seeking provided EMS service, or if not available, calling 911, follow directions for care, and wait for EMS to arrive.
- V. No play outdoors during lightning or thunder or until it is absent for over 1/2 hour.
- VI. Visitors will not play unless the required safety personnel are present, which may include lifeguard, coach, instructor, referee, event attendant, security, athletic trainer, EMS personnel, or Yale team captain.
- VII. Visitors will not participate if the playing surface or goals are or appears unsafe.
- VIII. Visitors will not consume alcohol, marijuana, or illegal substances when participating in or around <u>any</u> Yale club sport sponsored activity.
- IX. Visitors will exhibit best behavior and sportsmanship during all Club Sport activities, both on and off the field of play.
- X. Visitors will show respect to teammates, opponents, coaches, officials, spectators, event staff, and university administration, which includes verbal and physical behavior.
- XI. Visitors will leave their activity area neat and clean at event's conclusion, including from their spectator area.