EMERGENCY ACTION PROCEDURES
For medical emergencies, refer to your onsite EMS attendant, if present. In case of missing EMS or for other serious emergency, call 911. For theft, illegal entrance, vehicle break-in, suspicious person(s), alcohol use, or other campus issues, call Yale Police Dept. 203-432-4400. Inform Club Sport Director Tom Migdalski 203-671-6238 by call or text of the emergency after calling 911 or campus police, and then file an incident report with the Club Sport office on Monday citing all details and witness contact information.

For field conflict questions, call or text office assistant Nicole at 562-241-0402, she may help.

MEDICAL EMERGENCIES

- Immediately report any life-threatening or serious injury by calling 911.

**Important actions:**
- Give your location first
- Describe the situation
- Give your name
- Give your phone number
- Do not hang up until the operator has received all the information and hangs up first.
- Send someone to the street to meet and direct the ambulance. **Fields address:** 70 Central Avenue, New Haven OR **Payne Whitney Gym address** 70 Tower Parkway, New Haven.
- Individuals who are trained in CPR, First Aid and AED should respond as needed. AED machines are located in the varsity field house where the buses park. Seriously injured individuals should be made as comfortable as possible, but not moved or transported except by professionals.
- Less serious injuries should be addressed by the onsite supervisor (captain) and/or referees with first-aid kit and/or ice. You must bring your own first-aid kit.
- **All facility maintenance emergencies** should be reported directly to the or Yale Control Center 203-432-6888.

**BLOOD SPILLS:** It is imperative that all staff take all possible precautions when handling injuries that involve direct contact with blood. Use your first aid kit, and always wear gloves when blood is involved. If you feel you are unable to help, contact 911 or the Yale Athletic Training/ Sports Medicine room (203-432-0334), if available.
Concussion Information Guidelines

HOW TO RECOGNIZE A CONCUSSION:

If any of the following signs or symptoms are present following an injury, fall, collision or blow to the head, the athlete should be suspected of having a concussion and immediately removed from play:

- Dazed, blank or vacant look
- Lying motionless on ground/slow to get up
- Unsteady on feet/balance problems or falling over/incoordination
- Loss of consciousness or responsiveness
- Confused/not aware of plays or events
- Grabbing/clutching of head
- Seizure (spells)
- More emotional/irritable than normal for that person.

Presence of any one or more of the following signs and symptoms may also suggest a concussion:

- Headache,
- Dizziness
- Mental clouding, confusion, or feeling slowed down
- Visual problems
- Nausea or vomiting
- Fatigue
- Drowsiness/feeling “in a fog” / difficulty concentrating
- “Pressure in head”
- Sensitivity to light or noise

On-Field / On-Court Management of Suspected Concussion:

Any club sport athlete with a suspected concussion should be IMMEDIATELY REMOVED FROM PLAY using appropriate emergency management procedures. Once safely removed from play, the injured player must not return to activity until he/she is assessed and cleared by a medical professional. If a neck injury/severe neck pain is suspected/reported, the player should only be moved by onsite trained emergency healthcare professionals. Call 911 if no-show EMS service.

Teammates, supervisors, or referees who suspect a player may have a concussion MUST do their best to ensure that the player is removed from the field/court in a safe manner and prevented from returning to play until evaluated by a physician. Additionally, the injured person should not be left alone in the first 24 hours, and should not drive a motor vehicle until provided with professional healthcare clearance. (Complete an injury report form for the Club Sports Office.)

If ANY of the following are later felt or reported by an IM participant, that player should be removed from play and transported for urgent medical assessment:

- Severe neck pain
- Deteriorating consciousness (increasing drowsiness)
• Increasing confusion or irritability
• Severe or increasing headache
• Repeated vomiting
• Unusual behavior change
• Seizure (spells)
• Double/blurred vision
• Weakness or tingling/burning in arms or legs

In all cases of suspected concussion, the player must seek or be referred to a medical or healthcare professional for diagnosis and guidance, even if the symptoms resolve. Before restarting club sport activity, the player must be symptom free and cleared for participation by a medical healthcare provider. Treatment for a concussion may include rest, avoiding all strenuous physical activity, and avoiding excessive brain and eye use, including reading, doing homework, watching TV/videos, playing video games, etc.

You are also responsible for the following items:

1. Team first-aid kit
2. Everyone’s own drinking water, no shared bottles
3. Referees, as needed
4. Trash clean up.
5. Making sure Yale and opponents park on Central Ave only, not inside any gate or driveway.
6. Providing directions (available on the CS website) to opponents.
7. Ice and baggies in a small cooler for injuries.
8. No alcohol on either side.
9. Make sure all Yale team members have turned in their Code of Conduct form
10. Make sure all Yale team members have turned in their Waiver form
11. Make sure Team leadership (co-captains) signed off on the top-30 regulations we sent out
12. ALL team members must be fully vaccinated and boosted, no exceptions.
13. If any player is Covid symptomatic (of anything illness-related) they may NOT participate and must get tested. No exceptions.
14. If you do not follow or enforce these policies, your season will be cancelled and budget frozen.