

0	5TH FLOOR MAIN EXERCISE ROOM									
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
6:00-6:30	<i>Open Rec</i>	<i>Open Rec</i>	<i>Open Rec</i>	<i>Open Rec</i>	<i>Open Rec</i>	Open at 9:30	Open at 9:30	6:00-6:30		
6:30-7:00									6:30-7:00	
7:00-7:30									7:00-7:30	
7:30-8:00									7:30-8:00	
8:00-8:30									8:00-8:30	
8:30-9:00									8:30-9:00	
9:00-9:30	COMBAT									9:00-9:30
9:30-10:00	<i>9:00-2:00pm</i>		<i>Open Rec</i>		<i>Open Rec</i>					9:30-10:00
10:00-10:30								CLUB SPORTS Badminton 10:00-1:00	Swiss Badminton 11:00 - 12:00	10:00-10:30
10:30-11:00		<i>POSTPARTUM</i>		<i>POSTPARTUM</i>			10:30-11:00			
11:00-11:30		<i>Flashman 10:30-11:30a</i>		<i>Flashman 10:30-11:30a</i>			11:00-11:30			
11:30-12:00							11:30-12:00			
12:00-12:30		<i>PRENATAL</i>		<i>PRENATAL</i>			CLUB SPORTS Ball Room 12:15-3:30	12:00-12:30		
12:30-1:00		<i>Flashman 12-1</i>		<i>Flashman 12-1</i>				12:30-1:00		
1:00-1:30						Open Rec		1:00-1:30		
1:30-2:00								1:30-2:00		
2:00-2:30								2:00-2:30		
2:30-3:00							2:30-3:00			
3:00-3:30							3:00-3:30			
3:30-4:00							3:30-4:00			
4:00-4:30						ADAY 4:00-8:00p	ADAY 4:00-8:00p	4:00-4:30		
4:30-5:00	<i>Boot Camp</i>	<i>Sculpt Yoga</i>	<i>Boot Camp</i>	<i>Sculpt Yoga</i>					4:30-5:00	
5:00-5:30	<i>Riegelmann 4:30-5:30</i>	<i>Shansky 4:30-5:30</i>	<i>Riegelmann 4:30-5:30</i>	<i>Shansky 4:30-5:30</i>					5:00-5:30	
5:30-6:00	<i>Zumba</i>	<i>Insanity</i>	<i>Body Shred</i>	<i>Insanity</i>					5:30-6:00	
6:00-6:30	<i>Schneider 5:30-6:30</i>	<i>Bacote 5:30-6:30p</i>	<i>D'Eugenio 5:30-6:30</i>	<i>Bacote 5:30-6:30p</i>	CLUB SPORTS Ballroom 6:00-8:00				6:00-6:30	
6:30-7:00				<i>Zumba</i>				6:30-7:00		
7:00-7:30				<i>Schneider 6:30-7:30</i>				7:00-7:30		
7:30-8:00	<i>Pilates</i>	<i>Pilates Mat</i>	<i>Pilates</i>	<i>Pilates Mat</i>			7:30-8:00			
8:00-8:30	<i>Madden 7:30-8:30</i>	<i>Terrace 7:30-8:30</i>	<i>Madden 7:30-8:30</i>	<i>Terrace 7:30-8:30</i>			8:00-8:30			
8:30-9:00	CLUB SPORTS Badminton 8:30-11:00				CLUB SPORTS Badminton 9:00-11:00	Swiss Badminton 8:00 - 10:00		8:30-9:00		
9:00-9:30		CLUB SPORTS Ballroom 9:00-10:30		Swiss Badminton					9:00-9:30	
9:30-10:00				9:00 - 11:00					9:30-10:00	
10:00-10:30									10:00-10:30	
10:30-11:00									10:30-11:00	