

	5TH FLOOR ROOM J							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
6:00-6:30								
6:30-7:00								6:30-7:00
7:00-7:30								7:00-7:30
7:30-8:00	Open	Open	Open	Open	Open			7:30-8:00
8:00-8:30								8:00-8:30
8:30-9:00	Rec	Rec	Rec	Rec	Rec			8:30-9:00
9:00-9:30								9:00-9:30
9:30-10:00								9:30-10:00
10:00-10:30								10:00-10:30
10:30-11:00								10:30-11:00
11:00-11:30								11:00-11:30
11:30-12:00								11:30-12:00
12:00-12:30						Open		12:00-12:30
12:30-1:00								12:30-1:00
1:00-1:30						Rec		1:00-1:30
1:30-2:00								1:30-2:00
2:00-2:30	Open	Open	Open	Open	Open			2:00-2:30
2:30-3:00							CLUB Judo	2:30-3:00
3:00-3:30	Rec	Rec	Rec	Rec	Rec		2:30-4:00pm	3:00-3:30
3:30-4:00								3:30-4:00
4:00-4:30	CLUB Wrestling	CLUB Wrestling	CLUB Wrestling	CLUB Wrestling	CLUB Wrestling	CLUB Kickboxing	CLUB Wrestling	4:00-4:30
4:30-5:00			4-5pm			4:00-5:00		4:30-5:00
5:00-5:30	4-6pm	4-6pm	Muay Thai	4-6pm	4-6pm		4-6pm	5:00-5:30
5:30-6:00			5-6pm					5:30-6:00
6:00-6:30		CLUB Kickboxing			CLUB Kickboxing			6:00-6:30
6:30-7:00		6:00-7:00			6:00-7:00			6:30-7:00
7:00-7:30	CLUB KARATE		Grad Rugby					7:00-7:30
7:30-8:00	7:00-8:00		7:00-8:00pm					7:30-8:00
8:00-8:30	Self-Defense	Aikido		Aikido				8:00-8:30
8:30-9:00	8-9 Elkin	8:00-9:00		8:00-9:00				8:30-9:00
9:00-9:30	Open	Open						9:00-9:30
9:30-10:00	Rec	Rec						9:30-10:00
10:00-10:30								10:00-10:30
10:30-11:00								10:30-11:00
				Fall Session				
				Sept 10 - December 22, 2018				

NOTES: This room used primarily for martial arts. Street shoes, dance shoes, marking sneakers strictly prohibited.