

6TH FLOOR EXERCISE ROOM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00-6:30							6:00-6:30
6:30-7:00	Open						6:30-7:00
7:00-7:30							7:00-7:30
7:30-8:00	Rec						7:30-8:00
8:00-8:30		Open	Open	Open	Open		8:00-8:30
8:30-9:00							8:30-9:00
9:00-9:30	COMBAT	Rec	Rec	Rec	Rec	Open at 9:30	Open at 9:30
9:30-10:00	9:00 - 2:00pm						9:30-10:00
10:00-10:30						W.Swim Dry-	10:00-10:30
10:30-11:00			Open	Open	Open	Land Training	10:30-11:00
11:00-11:30						10-11pm	Varsity Track Yoga
11:30-12:00			Rec	Rec	Rec		11:00-12:00pm
12:00-12:30							12:00-12:30
12:30-1:00							12:30-1:00
1:00-1:30							1:00-1:30
1:30-2:00							1:30-2:00
2:00-2:30			Varsity Diving				2:00-2:30
2:30-3:00	Varsity Diving		2:00 - 5:00p				2:30-3:00
3:00-3:30	2:15 - 5:00p	Varsity Diving		Varsity Diving		CLUB SPORTS	3:00-3:30
3:30-4:00		3:00 - 5:30p		3:00 - 5:30p		Wushu	3:30-4:00
4:00-4:30					Diving	3:00-5:00	CLUB SPORTS
4:30-5:00					New Haven		Wushu
5:00-5:30					4:00-6:30		4:00-6:00
5:30-6:00	Varsity W-Soccer Yoga	Cheerleading					5:30-6:00
6:00-6:30	5:30-6:30	5:30-7:00					6:00-6:30
6:30-7:00	Modern Dance		Cheerleading		CLUB SPORTS		6:30-7:00
7:00-7:30	Valente 6:30-7:30	Grad Rowing	6:30-8:00	Grad Rowing	Tae Kwon Do		7:00-7:30
7:30-8:00		7:00-8:00p		7:00-8:00p	6:30 - 8:00p		7:30-8:00
8:00-8:30	TAEKWONDO	Salsa, Beg	TAEKWONDO	Cheerleading			8:00-8:30
8:30-9:00	Hwang.	8:00-9:00	Hwang.	8:00-10:00			8:30-9:00
9:00-9:30	8:00-10:00	Salsa, inter/adv	8:00-10:00				9:00-9:30
9:30-10:00		9:00-10:00					9:30-10:00
10:00-10:30	CLUB SPORTS	CLUB SPORTS	CLUB SPORTS				10:00-10:30
10:30-11:00	S Swim 10-11pm	Wushu 10-11pm	S Swim 10-11pm				10:30-11:00
				Fall Session			