WATERFRONT REGULATIONS:
- Closed Mondays except holidays.
- Swimming only when lifeguard on duty. Swim hours: 10:00am to 12:00pm & 1:00pm to 5:00pm.
  (5:30 weekends)
- DO NOT: (a) swim outside float lines (b) dive into shallow area (c) run or push on docks or raft.
- Toddlers and weak/non-swimmers are not allowed beyond the shallow wading area (dock crossbar).
  Parents/guardians are responsible for and must accompany their children.
- Youth swim test is required for deep-end access.
- Keep off float lines, they are safety markers.
- No eating or drinking allowed on dock or paddlecraft. No fishing from swim docks or beach.
- Absolutely no swimming from boat dock, rowboats, paddlecraft, picnic groves or shoreline.
- No swimming beneath docks, floats, or raft.
- Three adults maximum in rowboats.
- Canoes are only available when the OEC is sufficiently staffed.
- All persons, regardless of age/skill, must wear a personal flotation device (“lifejacket”) on any craft.
- No standing on any craft (except paddleboards) or exchanging seats while on the water.
- Stay clear of raft and swim docks. No landing on any shoreline.
- POSITIVELY NO SWIMMING FROM ANY CRAFT.
- Outboard motors are forbidden on OEC craft, except electric motors on rowboats only for fishing.
- Paddlers must demonstrate ability to handle rowboat/paddlecraft, including proper launching/docking, as well as correct paddling/rowing. Non-swimmers permitted only in rowboats.
- Personal paddlecraft are permitted for carry-in only. You are responsible for securing your craft.

GENERAL RULES:
- Covid Policies: sportsandrecreation.yale.edu/outdoor-education-center-oec/covid-policies-2022
- GUESTS: Member guests must pay a day-use fee and follow all rules. You are responsible for them.
- SPEED LIMIT: is 8 m.p.h. on all dirt roads. Strictly enforced.
- CAMPFIRES: Briquettes only are allowed in barbecue grills. No grilling on decks.
- PETS are not allowed except service/EMS dogs (properly identified with vest, leashed, and with accompanying paperwork). If you bring anything else, you will be asked to leave the premises.
- MOTORCYCLES, ATVS, KITES, and DRONES are not allowed on Yale OEC property.
- FISHING: The lake is state owned. A license is required for persons 16 or older fishing in the lake.
  Fishing is permitted on the boat dock when not crowded -- please be cautious of boaters. No fishing from the swim dock, beach, or gazebo. For license information:
- FRONT GATE: The front gate closes at sunset and reopens at about 9:30am daily.
- SHOWERHOUSE: The showerhouse is available from sunrise to sunset for overnight guests only.
  Please keep the showerhouse neat and clean. Turn off all water and lights when finished. Children
  are not permitted in the showerhouse without parent or guardian supervision.
• **TOILETS:** All toilets are outdoor chemical port-o-potties. Do NOT discard cans, bottles, plastic bags, diapers, or other rubbish in the toilets. These units are professionally serviced twice weekly.

• **TRASH & RECYCLING:** There is limited trash & recycling service this summer. Please bring your own kitchen trash bag (or we can provide one for you). Deposit your trash and recycling (separately) in the dumpsters located in the parking lot between the dining hall and the front gate or bring home.

• **PLAY AREA / PARKING LOT:** No running or ball throwing/catching in the parking lot due to traffic and rocky soil. Absolutely no vehicles permitted beyond the pavilion parking area.

• **HIKING TRAIL:** A town-sponsored hiking trail is available around the far perimeter of the lake. Access entrance is about 1½ miles northwest on Whistletown Road (turn right out of the front gate). Trail maps are available at the field office. No lake access/swimming permitted from the hiking trail.

• **Rock Throwing:** No rock or sand throwing on the property.

• **GAZEBO AND PAVILION:** The gazebo and pavilion are open to all if socially distanced, except when reserved for group use. Hours are 9:00 am sunset. Please clean up after yourself. Children must be supervised. **No balls or Frisbees in Pavilion or Gazebo**

• **CABIN AREAS, DECKS, AND PICNIC TABLES LOCATED NEXT TO CABINS ARE FOR RENTER USE ONLY.**

  *Summer 2022 - The recreation cabin/ping-pong room is not available!*

**CLEAN UP**

Please remove your own trash and recycling this summer, please do NOT leave it at the picnic site.

**EMERGENCY:**

*IN CASE OF EMERGENCY CALL 911. Use ambulance in all critical situations. Your location: 297 Upper Pattagansett Road, East Lyme CT. (Send someone to front gate meet to direct ambulance.)*

**EMERGENCY ROOMS:** The closest emergency rooms are Lawrence and Memorial Hospital, 365 Montauk Ave, New London, CT 860-442-0711. The Pequot Health Center, 52 Hazelnut Hill Rd, Groton, CT 860-446-8265. *Note:* the Yale Health Plan prefers all its members to use the New Haven facility whenever safely possible. YHP Acute Care: 203-432-0123.

**Minor Injuries:** The OEC staff has basic first-aid supplies for minor injuries. If you are allergic to bees and wasps, you must bring and administer your own EpiPen.

**TICKS & MOSQUITOS***: All the northeast United States has ticks and mosquitos, some of which carry hazardous diseases. Use recommended precautions to protect you, your family, and guests, including proper clothing, insect repellent, personal inspection and avoiding walking or reclining in tall grass, bushes, and wooded areas.

*For a complete list of Yale Outdoor Center information, rules, precautions, and risks, visit our website: [sportsandrecreation.yale.edu/recreation-centers/outdoor-education-center](http://sportsandrecreation.yale.edu/recreation-centers/outdoor-education-center)*

**YALE OUTDOOR EDUCATION CENTER:** P.O. Box 208216 New Haven, CT 06520.

*NO OFFICE WALK-INS ALLOWED INTO PAYNE WHITNEY GYM THIS SUMMER*

Phone 203-432-2492 ~ Fax 203-432-2495