

<p style="text-align: center;">YALE OUTDOOR EDUCATION CENTER UPDATED PATRON INFORMATION AND REGULATIONS 2021</p>
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297 Upper Pattagansett Road, East Lyme CT

SWIMMING REGULATIONS:

- Swimming only when lifeguard on duty. Swim hours: 10:00am to 12:00pm & 1:00pm to 5:00pm. (5:30 weekends) DO NOT: (a) swim outside float lines (b) dive into shallow area (c) run or push on docks or raft.
- Toddlers are not allowed beyond the shallow wading area. Parents/guardians are responsible for and must accompany any child.
- Non- or weak swimmers are restricted to the shallow end of the swim dock. Swim test required.
- Keep off float lines, they are safety markers.
- No eating or drinking allowed on beach, dock, or paddlecraft. No fishing from swim docks.
- Absolutely no swimming from boat dock, rowboats, paddlecraft, picnic groves or shoreline.
- No swimming beneath docks, floats, or raft.

ROWBOATING / PADDLECRAFT REGULATIONS:

- Three adults maximum in rowboats. Canoes are NOT available this summer.
- All persons, regardless of age/skill, must wear a personal flotation device ("lifejacket") on any craft.
- No standing on any craft (except paddleboards) or exchanging seats while out on the water.
- Stay clear of raft and swim docks. No landing on any shoreline.
- **POSITIVELY NO SWIMMING FROM ANY CRAFT.**
- Outboard motors are forbidden on OEC craft, except electric motors on rowboats only for fishing.
- Paddlers must demonstrate ability to handle rowboat/kayak/paddleboard, including proper launching/docking, as well as correct paddling/rowing. Non-swimmers permitted only in rowboats.
- Personally-owned watercraft are not permitted this summer unless launched at the state ramp.

GENERAL RULES:

- **GUESTS:** Your guests must pay a day-use fee and follow all rules. You are responsible for them.
- **SPEED LIMIT:** is 8 m.p.h. on all dirt roads. Strictly enforced.
- **CAMPFIRES:** No campfire gatherings this summer. Briquettes only are allowed in barbecue grills. No grilling on cabin or camp shelter decks.
- **PETS** are not allowed except service/EMS dogs (properly identified with vest, leashed, and with accompanying paperwork). If you bring anything else, you will be asked to leave the premises.
- **MOTORCYCLES, ATVs, KITES, and DRONES** are not allowed on Yale OEC property.
- **FISHING:** The lake is state owned. A license is required for persons 16 or older fishing in the lake. Fishing is permitted on the boat dock when not crowded -- please be cautious of boaters. No fishing from the swim docks or gazebo. For more information: www.ct.gov/deep/fishinglicense
- **FRONT GATE:** The front gate closes at 6:00pm and reopens at about 9:30am daily.
- You may not be on the premises between 6:00pm and 9:30am this summer.
- **SHOWERHOUSE:** The showerhouse and recreation cabin are not available this summer.
- **TOILETS:** All toilets are outdoor chemical port-o-potties. Do NOT discard cans, bottles, plastic bags, diapers, or other rubbish in the toilets. These units are professionally serviced twice weekly.
- **TRASH & RECYCLING:** There is no trash or recycling service this summer. Please bring your own kitchen trash bag (or we can provide one for you). Deposit your trash and recycling (separately) in the dumpsters located in the parking lot between the dining hall and the front gate or bring home.
- **PLAY AREA / PARKING LOT:** There is no public-use/loaner sports equipment this summer. You may bring your own volleyball, basketball, or Frisbee. No running or ball throwing/catching in the

parking lot due to traffic and rocky soil. Absolutely no vehicles permitted beyond the pavilion parking area.

- **HIKING TRAIL:** A town-sponsored hiking trail is available around the far perimeter of the lake. Access entrance is about 1½ miles northwest on Whistletown Road (right out of the front gate). Trail maps are available at the field office. No lake access/swimming permitted from the hiking trail.
- **PLAYGROUND:** The playground is CLOSED this summer.
- **Rock Throwing: No rock or sand throwing on the property. No balls or Frisbees in Pavilion.**
- **GAZEBO AND PAVILION:** The gazebo and pavilion are open to all if socially distanced. You may use the picnic tables in the pavilion this summer, please clean up after yourself.
- **CABIN DECKS ARE OFF LIMITS THIS SUMMER. BUT YOU MAY USE A CABIN PICNIC TABLE IF OTHERS ARE OCCUPIED.**

CLEAN UP

Please remove your own trash and recycling this summer, please do NOT leave it at the picnic site.

EMERGENCY:

IN CASE OF EMERGENCY CALL 911. Use ambulance in all critical situations. Your location: 297 Upper Pattagansett Road, East Lyme CT. (Send someone to front gate meet and direct ambulance.)

EMERGENCY ROOMS: The closest emergency rooms are Lawrence and Memorial Hospital, 365 Montauk Ave, New London, CT 860-442-0711. The Pequot Health Center, 52 Hazelnut Hill Rd, Groton, CT 860-446-8265. *Note:* the Yale Health Plan prefers all its members to use the New Haven facility whenever safely possible. YHP Acute Care: 203-432-0123.

Minor Injuries: The OEC staff has basic first-aid supplies for minor injuries. If you are allergic to bees and wasps, you must bring and administer your own EpiPen.

TICKS & MOSQUITOS*: All the northeast United States has ticks and mosquitos, some of which carry hazardous diseases. Use recommended precautions to protect you, your family, and guests, including proper clothing, insect repellent, personal inspection and avoiding walking or reclining in tall grass, bushes, and wooded areas.

***For a complete list of Yale Outdoor Center information, rules, precautions and risks, visit our website: sportsandrecreation.yale.edu/recreation-centers/outdoor-education-center**

YALE OUTDOOR EDUCATION CENTER: P.O. Box 208216 New Haven, CT 06520.

NO OFFICE WALK-INS ALLOWED INTO PAYNE WHITNEY GYM THIS SUMMER

Phone 203-432-2492 ~ Fax 203-432-2495