

# Get a Spin Pass!

*What is a spin pass?* It is a pass offered through the Payne Whitney Gym that will allow you to attend any scheduled spin class at whichever days and times work best for you. **No limit!**

## Did you know...

Average price for a spin class in

New Haven Area: **\$15**

If you attend just two spin classes a week with the spin pass, each class is only **\$5.50** If you attend more than twice a week, it's even less!

At many studios, a month of unlimited spinning costs over **\$150.**

A month of unlimited spinning at PWG only costs **\$43!!!**

There are a wide variety of classes and all taught by our **Certified Instructors**  
20 Classes Per week, including Saturday and Sunday, all right here on campus!

**Spinning is a wonderful, low impact activity that can not only improve your cardio fitness, but also increase muscle tone, boost your mood, lower blood pressure and increase your levels of energy and vitality!**

**Why haven't you gotten your spin pass yet?**

**Get Your Spin Pass Now**