Get a Spin Pass!

What is a spin pass? It is a pass offered through the Payne Whitney Gym that will allow you to attend any scheduled spin class at whichever days and times work best for you. **No limit!**

**Did you know...**

- Average price for a spin class in New Haven Area: **$15**
- At many studios, a month of unlimited spinning costs over **$150**.
- If you attend just two spin classes a week with the spin pass, each class is only **$5.50**. If you attend more than twice a week, it’s even less!
- A month of unlimited spinning at PWG only costs **$43!!!**

There are a wide variety of classes and all taught by our **Certified Instructors**

- 20 Classes Per week, including Saturday and Sunday, all right here on campus!

**Spinning** is a wonderful, low impact activity that can not only improve your cardio fitness, but also increase muscle tone, boost your mood, lower blood pressure and increase your levels of energy and vitality!

**Why haven’t you gotten your spin pass yet?**

Get Your Spin Pass Now