

Get a Spin Pass!

What is a spin pass? It is a pass offered through the Payne Whitney Gym that will allow you to attend any scheduled spin class at whichever days and times work best for you. **No limit!**

Did you know...

Average price for a spin class in

New Haven Area: **\$15**

If you attend just two spin classes a week with the spin pass, each class is only **\$5.50** If you attend more than twice a week, it's even less!

At many studios, a month of unlimited spinning costs over **\$150.**

A month of unlimited spinning at PWG only costs **\$43!!!**

There are a wide variety of classes and all taught by our **Certified Instructors**
20 Classes Per week, including Saturday and Sunday, all right here on campus!

Spring Class Registration Starts Soon!

Spinning is a wonderful, low impact activity that can not only improve your cardio fitness, but also increase muscle tone, boost your mood, lower blood pressure and increase your levels of energy and vitality!

Why haven't you gotten your spin pass yet?

Get Your Spin Pass Now